

# Courses available by FAU Fridalen skole – spring 23

This information is also available at  
FAU Fridalen skoles webpage  
[www.fridalenfau.com](http://www.fridalenfau.com)

## How to enroll

Use this link to enroll: <https://forms.gle/qZEtkMnk4AC5w148>

**Deadline: 14.02.2023**

**You will be informed by email about payment as soon as your child is assigned a place at a course.**

**If payment has not been made, your child may be excluded from the course.**

**It's possible to apply for an exemption for paying the course fee. Please note that for this option there is a box in the application form that needs to be ticked.**

For any queries, please contact [kulturfau@gmail.com](mailto:kulturfau@gmail.com)

## Changes in course times can occur

<b>Chess beginner</b>	<b>1<sup>th</sup> to 7<sup>th</sup> grade</b>	
Course content:	Basic chess training.	
Instructor:	Erik Lunder	
Time and place:	Wednesdays from 14:30-15:10 - Classroom (10 times)	
Course fee:	kr. 350,- participants will be enrolled in Ungdommens Sjakkforbund.	<b>Weeks 10-21</b>
<b>Chess experienced</b>	<b>2<sup>nd</sup> to 7<sup>th</sup> grade</b>	
Course content:	Chess training	
Instructor:	Erik Lunder	
Time and place:	Wednesdays from 15:15-16:30 - Classroom (10 times)	
Course fee:	kr. 350,- participants will be enrolled in Ungdommens Sjakkforbund.	<b>Weeks 10-21</b>
<b>KlangPang</b>	<b>2<sup>nd</sup> to 4<sup>th</sup> grade</b>	
Course content:	Singing techniques, body movements and rhythms.	
Instructors:	Kristine Bjånes and Elin Hestenes	
Time, place:	Wednesdays from 14:45-15:30 - "Filmsalen" (the film room) (10 times)	
Course fee:	kr. 680,-	<b>Weeks 10-21</b>
<b>Tween Machine</b>	<b>5<sup>th</sup> to 7<sup>th</sup> grade</b>	
Course content:	Singing techniques in both group and solo (if you wish)	
Instructors:	Kristine Bjånes and Elin Hestenes	
Time, place:	Wednesdays from 14:00-14:45 - "Filmsalen" (the film room) (10 times)	
Course fee:	kr. 680,-	<b>Weeks 10-21</b>
<b>Cartoon 2-4</b>	<b>for 2<sup>nd</sup> to 4<sup>th</sup> grade</b>	
Course content:	Learn to make cartoons with illustrator Espen Terjesen. This is a low threshold course that emphasizes the joys and fun of drawing. Cartoons are about much more than perfect drawing!	
Instructor:	Espen Terjesen	
Time and place:	Mondays from 15:00-16:00 - Classroom (9 times)	
Course fee:	Kr. 600,-	<b>Weeks 10-21</b>
<b>Cartoon 5-7</b>	<b>5<sup>th</sup> to 7<sup>th</sup> grade</b>	
Course content:	Learn to make cartoons with illustrator Espen Terjesen. This is a low threshold course that emphasizes the joys and fun of drawing. Cartoons are about much more than perfect drawing!	
Instructor:	Espen Terjesen	
Time and place:	Mondays from 14:00-15:00 - Classroom (9 times)	
Course fee:	Kr. 600,-	<b>Weeks 10-21</b>
<b>Hiphop</b>	<b>for 1<sup>st</sup> to 2<sup>nd</sup> grade</b>	
Course content:	Hiphop dance with instructor from Kingwings Crew. Norske talenter finalist and winner of NM breaking.	
Instructor:	Trond Andre Hansen	
Time and place:	Mondays from 15:00-16:00 - Gymsal (9 times)	
Course fee:	Kr. 650,-	<b>Weeks 10-23</b>
<b>Hiphop</b>	<b>for 3<sup>rd</sup> to 5<sup>th</sup> grade</b>	
Course content:	Hiphop dance with instructor from Kingwings Crew. Norske talenter finalist and winner of NM breaking.	
Instructor:	Trond Andre Hansen	
Time and place:	Mondays from 14:00-15:00 - Gymsal (9 times)	
Course fee:	Kr. 650,-	<b>Weeks 10-23</b>

- Do NOT enroll your child in a course unless he or she is motivated. Unmotivated children may be excluded from the course if they disturb the class.

- There are limits to how many children may attend the courses. If the limit is exceeded, places will be allocated by the luck of the draw.

-If a course does not have enough participants, the course might be canceled.